



SUPPORTER GUIDE

OXFAM TRAILWALKER



OXFAM
France

OXFAM FRANCE EVENTS

Oxfam France believes that by working closely together, we will enhance our collective impact and thus contribute to a fairer world without poverty.

This is the guiding principle behind organizing team and solidarity events.

The Oxfam Trailwalker is the greatest sporting team charity challenge in the world, in which teams of four people walk 100 km within 30 hours, raising money and enjoying an extraordinary human adventure.

Beyond actual events, this is the way to experience some unforgettable human adventures.

“These events are organized with the sportive and cultural Association of the AFD, with the financial support of the Communication Department who saw a way to assert the common values of the AFD and of Oxfam on the terrain of solidarity and struggle against poverty.”

Tanguy Denieul Piloting and Financial Strategy of AFD

OXFAM TRAILWALKER

A UNIQUE CONCEPT

Raise €1,500 then walk 100 km in teams of four people (without relay) within 30 hours.

AMAZING TERRITORIES

The Natural regional parc of the Morvan in Bourgogne.

Dieppe: Normandy from coast to countryside

2018 KEY FIGURES

- 876 walkers
- 663 supporters
- 178 volunteers
- 4827 donators
- 347 543€ raised

REGISTER : www.oxfamtrailwalker.fr/en

WHAT IS A SUPPORTER ?

Behind every great team is an even greater support crew. Support crew members are the unsung heroes of the event; you will provide your team with unconditional love, dedicated support and endless motivation throughout their journey.

The challenge could not be completed without you!

We recommend you to have 2 or 3 supporters for each team of walkers. It will allow you to get some rest and divide up tasks. Of course you can be as many as you want !



YOUR ROLES AS A SUPPORTER

BEFORE THE EVENT

Support crew members are an extension of the team, so get involved in their training walks, fundraising challenges and team meetings . . . your walkers need you!

You will need to be ready on the day, which needs a bit organisation:

- Brainstorm your ideas: decoration, costumes, accessories, surprises, banners etc..
- Ask your team what they expect from you during the walk: their special demands, what they want to eat/drink, how often they want to change clothes etc.
- Find out how they plan their trail: what time should you expect them at every checkpoint to be there on time and organise your breaks as well.

You will need a car because there is no shuttle from one checkpoint to another. There are car parks at each checkpoint, and you will receive a parking permit at the supporters' registration on Friday.

You also have to get the equipment ready for each checkpoint. Below is a list of the equipment needed.

DURING THE EVENT

- Get registered like the walkers to collect all the equipment you need from the organization: road book, wristbands, stickers...
- Encourage your team at each checkpoint: costumes, supportive songs, banners, clapping, everything is possible!
- Get the food ready! Even if the organization provides enough food, they will be very pleased to see that you have prepared all their favorite foods to cheer them up !
- In the middle of the night the walkers will need dry and hot clothes.

YOUR EQUIPMENT:

- A minimum of two phones with chargers
- A first aid kit
- A flashlight
- A GPS / road map
- Your supporter road book (which you will receive on Friday night)
- Warm clothing and blankets for the night
- A camera / camcorder
- Food for breakfast / lunch / dinner / snacks
- An e-cooker / cooler
- Distractions (e.g. a musical instrument, card games, books)
- Garbage bags

EQUIPMENT FOR YOUR WALKING TEAM:

- Clothing (do not forget socks!) and spare shoes
- Warm clothes for the night
- Rain gear
- Sleeping bags / blankets to rest on at checkpoints at night time
- Fluorescent yellow jackets to walk safely at night
- Favourite snacks and beverages (in addition to those provided by the organization)
- Mattresses and massage oil (in addition to those provided by the organization)
- Big bowls for foot baths and towels (microfibre).

RULES OF GOOD CONDUCT

- Each walking team should have at least two or three supporters
- Any damage to the environment can lead to disqualification for your team. Please collect your rubbish and put it in the bins at the checkpoints
- Every checkpoint has its own opening and closing time that you must respect
- Dogs are forbidden during the walk
- Checkpoints are the only place where support crews can meet up with walkers. For safety reasons, supporters cannot walk with them.
- **Abandoning the event can only be done at a checkpoint and must be reported to the organisation.** A participant or a team that has not reported their intention to quit automatically leaves the organisation and must bear any related costs.

If one team member quits, the team can continue with three people. If two members retire, the remaining two must walk with another team so that in all circumstances a group of walkers is always composed of at least three people. Any merger between two teams must be done at a checkpoint. If a team member gives up, his teammates must escort him to the next checkpoint. The support crew will take care of them.

If a participant has to retire outside a checkpoint, their team must notify the organisation by calling the emergency number on their wristband.

Warning! The organisation has the right to exclude a team or one of its members on medical grounds or due to the intervention of another authority.



PRACTICAL INFORMATION

Get all the practical information regarding the event on the internet:

www.oxfamtrailwalker.fr

Accommodation

As supporters, you are free to choose your accommodation. We strongly advise you to book early.

Food

A convivial dinner for participants is organized on Friday evening. This is an opportunity to meet up with walkers, volunteers and other supporters. This meal is free for walkers and volunteers but supporters have to pay a small amount. To avoid food waste, pre-registration is requested by email. Meals for supporters are not provided by the organization, but you can find something to eat at the various checkpoints

or in local bakeries. We will give you further details and meal prices a few weeks before the event.

Transport

You need one car because there is no shuttle from one checkpoint to another. You will receive a parking permit at the supporters' registration on Friday. There are car parks at each checkpoint... Routes between checkpoints will be outlined in your road book.

Registration

Registration for each individual supporter is mandatory. For us to reach you via email, we need you to register online and complete a short form.

Feel free to contact us if you need any further information:

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 www.oxfamtrailwalker.fr

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Find us on Instagram [@MarchezavecOxfam](https://www.instagram.com/MarchezavecOxfam)



Any questions? Contact the Oxfam team at
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A QUESTION?
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